

THE SMELT RUN IS BACK!

Saturday, February 25, 2017

COURSE DESCRIPTION

Starting in historic La Conner, flat course winding through Skagit Valley Farmlands.

- La Conner Elementary, 6th Street, La Conner, WA
- Chip timed (new)
- Bib numbers, course map/directions, event shirts available inside La Conner Elementary gymnasium.
- Water stations available on 10K course.
- 5K, 10K, 2-mile Walk and Kids Dash

SCHEDULE

7:30 a.m. Race Day Registration Opens
Number Pick Up

8:30 a.m. Kids Dash

8:45 a.m. Registration Closes

9:00 a.m. 5K, 10K & 2M Walk Race Starts

Showers, hot soup and refreshments provided post race for all runners!

AWARDS

- 5K/10K awards ceremony (including raffle) immediately following race.
- Top male and female overall in 5K & 10K run will be each awarded Smelt Run Apparel gift certificates.
- Ribbons awarded to the NEXT top three finishers in each age group.

DIRECTIONS

From I-5 North: take Exit 221 West, Fir Island Road through Conway and follow signs to La Conner. Upon entering La Conner turn right on 6th Street and follow it to La Conner Middle School at the end of the road.

From I-5 South: take Highway 20 West to left on La Conner-Whitney Road to La Conner. Upon entering La Conner turn right on 6th Street and follow it to La Conner Elementary School at the end of the road.



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PO Box 2111, La Conner, WA 98257

www.skagitvalleyrunning.com

Smelt Run Logo by  **Galen Design**
ASSOCIATES



presents



5K•10K•2M
Run-Walk

USATF Certified Course

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